

LIFE LONG LEARNING

Natural Meditation & How It Can Affect Your Way of Being In The World

The Unitarian Universalist Society, 56 N. Halifax Drive, Ormond Beach, presents as part of its "Explorations: Life Long Learning" series at **7:30 p.m., January 11, "Natural Meditation & How It Can Affect Your Way of Being In The World"**, to be presented by Michael Kane who has taught meditation for many years. He will discuss how natural meditation differs from other types of meditation, and explain how and why this type became the form that he has adopted. He will also do a short demonstration. There will be a discussion period following the presentation. This program is free and open to the public. For more information, please contact Dan Kennedy at 672-2556 or jodan16@juno.com.

Healthful Eating & How It Affects Your Life

The Unitarian Universalist Society, 56 N. Halifax Drive, Ormond Beach, presents as part of its "Explorations: Life Long Learning" series at **7:30 p.m., January 25, "Healthful Eating And How It Affects Your Life"**, to be presented by Lani Van Petten and Cary Ellis. Please join us in seeing and hearing how the choices of what we eat, as well as how that food is prepared, have enormous affects on our quality of life. There will be a discussion period following the presentation. This program is free and open to the public. For more information, please contact Dan Kennedy at 672-2556 or jodan16@juno.com.

Are All Civilizations, Societies & Cultures Of Equal Value?

The Unitarian Universalist Society of 56 N. Halifax Drive, Ormond Beach, presents as part of its "Explorations: Life Long Learning" series at **7:30 p.m., Feb. 8, "Are All Civilizations, Societies & Cultures of Equal Value?"**, to be presented by Dan Kennedy, retired psychologist and educator. This will be the first in a series of two programs discussing the nature of civilizations, societies and cultures as to their worth and value. This part will focus on the nature of human social structures. There will be a discussion period following the presentation. This program is free and open to the public. For more information, please contact Dan Kennedy at 672-2556 or jodan16@juno.com.

Are All Civilizations, Societies And Cultures Of Equal Value?

The Unitarian Universalist Society, 56 N. Halifax Drive, Ormond Beach, presents as part of its "Explorations: Life Long Learning" series at **7:30 p.m., Feb. 22, "Are All Civilizations, Societies And Cultures Of Equal Value?"**, to be presented by Dan Kennedy, retired psychologist and educator. This will be the second in a 2-part series discussing the nature of civilizations, societies and cultures as to their worth and value. This part will consider possible criteria for examining the worth and value of human social organizations. There will be a discussion period following the presentation. This program is free and open to the public. For more information, please contact Dan Kennedy at 672-2556 or jodan16@juno.com.